

LIFE ENRICHMENT CALENDAR

JEFFERSON PARK

SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Abbreviation Codes: <u>Harmony Hall</u> (HH) <u>Parlor Lounge</u> (PL) <u>Jefferson Park</u> (JP) <u>Multi Purpose Room</u> (MPR) <u>Activity Room</u> (AR) <u>Lincoln Grove</u> (LG)						10:00AM Movement & Music w/ Sara 10:00AM IN2L w/ Denise 10:45AM Nature Meditation w/ Denise 11:00AM Bell Choir w/ Sara 1:30PM Pet Visits w/ Mila 2:00PM 7th Floor Resident Council Meeting (PL) 2:00PM Piano Classics w/ Barbara Murry 3:30PM Shabbat w/ Denise 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Movement w/ Sharon 10:30AM Morning Greeting w/ Denise 2:30PM Sensory Spa w/ Denise 6:15PM Saturday Evening Concert: <i>Jan Holland</i>
10:00AM Morning Greeting w/ Denise 11:45AM Lunch Buffet (Bistro) 2:00PM Afternoon Session w/ Denise	Labor Day 10:00AM Morning Fitness w/ Sharon 10:00AM IN2L w/ Feradeh 10:45AM Morning Prayer w/ Feradeh 11:45AM Labor Day Brunch (Bistro) 2:00PM Labor Day Concert featuring: <i>Mark Hanek</i>	10:00AM Movement & Music w/ Cody & Sara 10:30AM Friendly Visits w/ Sara 11:30PM Communion (PL) 11:30AM Morning Music w/ Sara 2:00PM Friendly Visits w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Morning Fitness w/ Cody 10:00AM IN2L w/ Denise 11:00AM Baking w/ Denise 1:30PM Afternoon Music w/ Sara 1:30PM Meet & Greet (HH) 2:30PM Sharing Stories w/ Denise 3:30PM Songs for the Senses w/ Sara 3:30PM Open Art Studio w/ Denise	10:00AM Morning Fitness w/ Cody 10:00AM IN2L w/ Denise 10:45AM Dance & Movement w/ Denise 11:15AM Friendly Visits w/ Sara 2:00PM Thursday Afternoon Concert: <i>Peggy Murphy</i> 3:00PM Open Art Studio w/ Denise 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Movement & Music w/ Cody & Sara 10:00AM IN2L w/ Denise 10:45AM Nature Meditation w/ Denise 11:00AM Bell Choir w/ Sara 1:30PM Pet Visits w/ Mila 2:30PM Friendly Visits w/ Denise 3:00PM Goodbye Party for Dezy (HH) 3:30PM Shabbat w/ Denise 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music	10:00AM Movement w/ Sharon 10:30AM Morning Greeting w/ Feradeh 2:30PM Sensory Spa w/ Feradeh	
10:00AM Morning Greeting w/ Feradeh 11:15AM Morning Music w/ Sara 11:45AM Lunch Buffet (Bistro) 2:00PM Afternoon Session w/ Feradeh 3:30PM Songs for the Senses w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Morning Fitness w/ Cody 10:00AM IN2L w/ Denise 10:45AM Morning Prayer w/ Denise 2:30PM Sharing Stories w/ Denise	10:00AM Movement & Music w/ Cody & Sara 10:00AM IN2L w/ Denise 10:30AM Friendly Visits w/ Sara 10:45AM Baking w/ Denise 11:30PM Communion (PL) 11:30AM Morning Music w/ Sara 1:45PM Friendly Visits w/ Denise 6:00PM Evening Music w/ Sara	10:00AM Morning Fitness w/ Cody 10:00AM IN2L w/ Denise 11:00AM Baking w/ Denise 2:30PM Sharing Stories w/ Denise 3:30PM Open Art Studio w/ Denise	10:00AM Morning Fitness w/ Cody 10:15AM IN2L w/ Feradeh 10:45AM Dance & Movement w/ Feradeh 11:15AM Friendly Visits w/ Sara 2:00PM Thursday Afternoon Concert featuring: <i>Brian Rudolph</i> 3:00PM Caring Hands w/ Feradeh 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Movement & Music w/ Cody & Sara 10:00AM IN2L w/ Denise 10:45AM Nature Meditation w/ Denise 11:00AM Bell Choir w/ Sara 1:30PM Pet Visits w/ Mila 2:30PM Friendly Visits w/ Denise 3:30PM Shabbat w/ Denise 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music	10:00AM Movement w/ Gail 10:30AM Morning Greeting w/ Denise 11:00-3:00PM Fall Festival (Outside, Bistro, MPR) 2:30PM Sensory Spa w/ Denise	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00AM Morning 17 Greeting w/ Denise 11:45AM Lunch Buffet (Bistro) 2:00PM Afternoon Session w/ Denise	10:00AM Morning 18 Fitness w/ Cody 10:00AM IN2L w/ Feradeh 10:45AM Morning Prayer w/ Feradeh 2:30PM Sharing Stories w/ Feradeh	10:00AM Movement & Music w/ Cody & Sara 19 10:00AM IN2L w/ Denise 10:30AM Friendly Visits w/ Sara 10:45AM Baking w/ Denise 11:30AM Morning Music w/ Sara 11:30PM Communion (PL) 1:45PM Friendly Visits w/ Denise 6:00PM Evening Music w/ Sara	10:00AM IN2L 20 w/ Denise 11:00AM Baking w/ Denise 1:30PM Afternoon Music w/ Sara 2:30PM Sharing Stories w/ Denise 3:30PM Fall Harvest Social w/ Sara & Denise	10:00AM Morning 21 Fitness w/ Cody 10:00AM IN2L w/ Denise 10:45AM Dance & Movement w/ Denise 2:00PM Afternoon Concert featuring: TBA 3:30PM Apples & Honey: A Recognition of Rosh Hashanah w/ Sara & Denise 6:00PM Evening Music w/ Sara	10:00AM Movement & Music w/ Cody & Sara 22 10:00AM IN2L w/ Denise 10:45AM Nature Meditation w/ Denise 11:00AM Bell Choir w/ Sara 1:30PM Pet Visits w/ Mila 2:30PM 1970's Disco Party featuring: Katie Hargrove (HH) 3:30PM Shabbat w/ Denise 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Movement 23 w/ Sharon 10:30AM Morning Greeting w/ Feradeh 3:30PM Sensory Spa w/ Feradeh
10:00AM Morning Greeting w/ Feradeh 24 11:15AM Morning Music w/ Sara 11:45AM Lunch Buffet (Bistro) 2:00PM Afternoon Session w/ Feradeh 3:30PM Songs for the Senses w/ Sara 6:00PM Evening Music w/ Sara	10:00AM IN2L 25 w/ Denise 10:45AM Morning Prayer w/ Denise 2:30PM Sharing Stories w/ Denise	10:00AM Movement & Music w/ Cody & Sara 26 10:00AM IN2L w/ Denise 10:30AM Friendly Visits w/ Sara 10:45AM Baking w/ Denise 11:30AM Morning Music w/ Sara 11:30PM Communion (PL) 1:45PM Friendly Visits w/ Denise 6:00PM Evening Music w/ Sara	10:00AM Morning Fitness w/ Cody 27 10:00AM IN2L w/ Denise 11:00AM Baking w/ Denise 2:30PM Sharing Stories w/ Denise 3:30PM Open Art Studio w/ Denise	10:00AM Morning Fitness w/ Cody 28 10:15AM IN2L w/ Feradeh 10:45AM Dance & Movement w/ Feradeh 11:15AM Friendly Visits w/ Sara 2:00PM Art Therapy with Annie 3:00PM Caring Hands w/ Feradeh 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music w/ Sara	10:00AM Movement & Music w/ Cody & Sara 29 10:00AM IN2L w/ Denise 10:45AM Nature Meditation w/ Denise 11:00AM Bell Choir w/ Sara 1:30PM Pet Visits w/ Mila 2:00PM Piano Classics w/ Barbara Murry 3:30PM Shabbat w/ Denise 3:30PM Friendly Visits w/ Sara 6:00PM Evening Music	10:30AM Morning Greeting w/ Denise 30 2:30PM Sensory Spa w/ Denise 6:15PM Evening Concert featuring: Bernard Kellet

Please note that Life Enrichment Programs and program content are subject to change.

If you have any questions, please contact the Life Enrichment Staff: Kate, Denise, Feradeh, or Sara at 240-499-9059, 240-499-9267, or 240-499-9067