

LIFE ENRICHMENT CALENDAR

ASSISTED LIVING

SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Abbreviation Codes:</p> <p><u>Harmony Hall</u> (HH) <u>Multipurpose Room</u> (MPR)</p> <p><u>Parlor Lounge</u> (PL) <u>Activity Room</u> (AR)</p> <p><u>Jefferson Park</u> (JP) <u>Lincoln Grove</u> (LG)</p>					<p>10:00AM <i>Reflections</i> 1 Editorial Meeting (AL Library)</p> <p>10:15AM Morning Walk w/ Feradeh</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:00PM 7th Floor Resident Council Meeting (PL)</p> <p>6:15PM Great Performances: <i>Antony & Cleopatra</i> (PL)</p>	<p>11:00AM Movement 2 w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>2:30PM Matinee Movie: <i>Kolya</i> (PL)</p> <p>6:15PM Saturday Evening Musical featuring: <i>Kiss Me Kate</i> (PL)</p>
<p>11:00AM Morning 3 Game w/ Denise (HH)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Afternoon Session w/ Denise (PL)</p> <p>4:30PM <i>Vesper's Service</i> (MPR)</p> <p>6:15PM <i>Movie: I Love Lucy Part 2</i> (PL)</p>	<p>Labor Day 4</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:45AM <i>Labor Day Brunch</i> (Bistro)</p> <p>3:00PM <i>Catholic Mass</i> (Chapel)</p> <p>3:15PM Labor Day Concert featuring: <i>Mark Hanek</i> (PL)</p> <p>6:15PM Monday Movie: <i>Labor Day</i> (PL)</p>	<p>11:00AM Morning 5 Fitness w/ Sharon (PL)</p> <p>11:30PM <i>Communion</i> (PL)</p> <p>1:45PM Beading w/ Feradeh (HH)</p> <p>2:30PM Matinee Movie: <i>Michael</i> (PL)</p> <p>6:15PM Table Games (HH)</p>	<p>11:00AM Morning 6 Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:30PM <i>Meet & Greet</i> (HH)</p> <p>2:30PM <i>Wandering Docent</i> featuring: <i>Italian Art</i> (PL)</p> <p>3:30PM Pokeno w/ Feradeh (HH)</p> <p>6:15PM Popcorn & Movie: <i>Dirty Dancing</i> (PL)</p>	<p>9:30AM Coffee & Chats w/ Christine (701 Lounge) 7</p> <p>10:00AM Music Therapy w/ Sara (PL)</p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>3:45PM Bridge w/ Helen (AL Library)</p> <p>6:15PM Evening Movie: <i>Music & Lyrics</i> (PL)</p>	<p>10:00AM <i>Reflections</i> 8 Editorial Meeting (AL Library)</p> <p>10:00AM Pet Visits w/ Ivy</p> <p>10:15AM Morning Walk w/ Feradeh</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:00PM Afternoon Bridge (PL)</p> <p>3:00PM <i>Goodbye Party for Dezy</i> (HH)</p> <p>6:15PM Great Performances: <i>Elaine Stritch at Liberty</i> (PL)</p> <p>7:45PM <i>Shabbat Service</i> (MPR)</p>	<p>11:00AM Movement 9 w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:30PM Matinee Movie: <i>The Proposal</i> (PL)</p> <p>6:15PM Saturday Evening Concert featuring: <i>Pat & Marilyn Nolan</i> (PL)</p>
<p>10:00AM Musical 10 Bingo w/ Sara (PL)</p> <p>11:00AM Beading w/ Feradeh (HH)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Pokeno w/ Feradeh (PL)</p> <p>4:30PM <i>Vesper's Service</i> (MPR)</p> <p>6:15PM <i>Movie: I Love Lucy Part 3</i> (PL)</p>	<p>11:00AM Morning 11 Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>1:00PM Meditation (Chapel)</p> <p>3:00PM <i>Catholic Mass</i> (Chapel)</p> <p>3:30PM Monday Manicures w/ Denise (HH)</p> <p>6:15PM Monday Movie: <i>Pride & Prejudice</i> (PL)</p>	<p>11:00AM Morning 12 Fitness w/ Sharon (PL)</p> <p>11:30PM <i>Communion</i> (PL)</p> <p>2:00PM IKF Resident Council Meeting (MPR)</p> <p>2:30PM Matinee Movie: <i>Collateral Beauty</i> (PL)</p> <p>6:15PM Table Games (HH)</p>	<p>11:00AM Morning 13 Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:45PM Friendly Visits w/ Feradeh</p> <p>2:30PM <i>Wednesday Concert: Jesse Palidofsky</i> (PL)</p> <p>3:30PM Pokeno w/ Feradeh (HH)</p> <p>3:30PM IKF Lecture: TBA (MPR)</p> <p>6:15PM Popcorn & Movie Night: <i>Shane</i> (PL)</p>	<p>10:00AM Music 14 Therapy w/ Sara (PL)</p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM <i>Women's Lunch</i> (Bistro)</p> <p>3:45PM Bridge w/ Helen (AL Library)</p> <p>6:15PM Evening Movie: <i>Back To School</i> (PL)</p>	<p>10:00AM <i>Reflections</i> 15 Editorial Meeting (AL Library)</p> <p>10:15AM Morning Walk w/ Feradeh</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:45AM <i>Lunch Trip: Normandie Farm</i> (PL)</p> <p>2:00PM Afternoon Bridge (PL)</p> <p>6:15PM Great Performances: <i>Vienna Philharmonic</i> (PL)</p>	<p>11:00AM Movement 16 w/ Gail (PL)</p> <p>11:00AM-3:00PM <i>Fall Festival</i> (Outside, Bistro, MPR)</p> <p>2:30PM Matinee Movie: <i>45 Years</i> (PL)</p> <p>6:15PM Saturday Evening Musical featuring: <i>Jekyll & Hyde</i> (PL)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:45AM Art 17 Talk w/ Edith featuring: <i>Spanish Art & Velazquez</i> (PL)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Afternoon Session w/ Denise (HH)</p> <p>4:30PM Vespers Service (MPR)</p> <p>6:15PM Movie: <i>I Love Lucy Part 4</i> (PL)</p>	<p>11:00AM Morning 18 Fitness w/ Cody (PL)</p> <p>11:30AM Memorial Fountain Dedication (East Courtyard)</p> <p>1:00PM Meditation (Chapel)</p> <p>2:30PM IKF Lecture: <i>Musical Theatre</i> (MPR)</p> <p>3:00PM Catholic Mass (Chapel)</p> <p>3:30PM Monday Manicures w/ Feradeh (HH)</p> <p>4:30PM Rosh Hashanah Service (MPR)</p> <p>6:15PM Monday Movie: <i>The Black Dahlia</i> (PL)</p>	<p>11:00AM Morning 19 Fitness w/ Sharon (PL)</p> <p>11:30PM Communion (PL)</p> <p>1:45PM Beading w/ Feradeh (HH)</p> <p>2:00PM Director's Dialogue (MPR)</p> <p>2:30PM Matinee Movie: <i>The Last of the Mohicans</i> (PL)</p> <p>6:15PM Table Games (HH)</p>	<p>11:00AM Documentary 20 Screening w/ Werner Schumann: <i>Kennedy Center Biographies</i> (PL)</p> <p>1:45PM Friendly Visits w/ Feradeh</p> <p>2:30PM Wednesday Concert: <i>Susan Jones</i> (PL)</p> <p>3:30PM Pokeno w/ Feradeh (HH)</p> <p>6:15PM Popcorn & Movie Night: <i>Dead Poets Society</i> (PL)</p>	<p>9:30AM Coffee & Chat w/ Christine (701 Lounge)</p> <p>10:00AM Music Therapy w/ Sara (PL)</p> <p>10:00AM Rosh Hashanah Service (MPR)</p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM Apples & Honey: <i>A Recognition of Rosh Hashanah w/ Sara & Denise</i> (PL)</p> <p>2:30PM Stepanek Peace Lecture (MPR)</p> <p>3:45PM Bridge w/ Helen (AL Library)</p> <p>6:15PM Evening Movie: <i>Saturday Night Fever</i> (PL)</p>	<p>10:00AM Reflections 22 Editorial Meeting (AL Library)</p> <p>10:00AM Pet Visits w/ Ivy</p> <p>10:15AM Morning Walk w/ Feradeh</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:30PM 1970's Disco Party featuring: <i>Katie Hargrove</i> (HH)</p> <p>6:15PM Great Performances: <i>Act One</i> (PL)</p>	<p>11:00AM Movement 23 w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:30PM AL/IL Ice Cream Social (HH)</p> <p>2:30PM Matinee Movie: <i>Truth</i> (PL)</p> <p>6:15PM Saturday Evening Concert featuring: <i>Diana Pieper</i> (PL)</p>
<p>10:00AM Musical 24 Bingo w/ Sara (PL)</p> <p>11:00AM Beading w/ Feradeh (HH)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Pokeno w/ Feradeh (HH)</p> <p>4:30PM Vesper's Service (MPR)</p> <p>6:15PM Movie: <i>I Love Lucy Part 5</i> (PL)</p>	<p>11:00AM Morning 25 Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>1:00PM Meditation (Chapel)</p> <p>3:00PM Catholic Mass (Chapel)</p> <p>3:30PM Monday Manicures w/ Denise (HH)</p> <p>6:15PM Monday Movie: <i>Topaz</i> (PL)</p> <p>7:30PM IKF LIVE: <i>Antonio Guiliano</i> (MPR)</p>	<p>11:00AM Morning 26 Fitness w/ Sharon (PL)</p> <p>11:30PM Communion (PL)</p> <p>1:45PM Beading w/ Feradeh (HH)</p> <p>2:30PM Matinee Movie: <i>The Last Word</i> (PL)</p> <p>6:15PM Table Games (HH)</p>	<p>11:00AM Morning Fitness 27 w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:45PM Friendly Visits w/ Feradeh</p> <p>2:30PM Wednesday Performance featuring: <i>Barbara Murry</i> (PL)</p> <p>3:30PM Pokeno w/ Feradeh (HH)</p> <p>3:30PM IKF Lecture: TBA (MPR)</p> <p>4:45PM Dinner Trip: <i>Bonefish Grill</i></p> <p>6:15PM Popcorn & Movie Night: <i>Picnic</i> (PL)</p>	<p>10:00AM Music 28 Therapy w/ Sara (PL)</p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM Men's Lunch (Bistro)</p> <p>3:45PM Bridge (AL Library)</p> <p>6:15PM Evening Movie: <i>A Place In The Sun</i> (PL)</p> <p>7:30PM IKF LIVE: <i>Four Seasons Dancers</i> (MPR)</p>	<p>10:00AM Reflections 29 Editorial Meeting (AL Library)</p> <p>10:15AM Morning Walk w/ Feradeh</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Program Planning w/ Kate (PL)</p> <p>2:00PM Afternoon Bridge (PL)</p> <p>6:15PM Great Performances: <i>Twelfth Night</i> (PL)</p>	<p>10:00AM Yom Kippur 30 <i>Service</i> (MPR)</p> <p>11:00AM Morning Exercise (PL)</p> <p>2:30PM Matinee Movie: <i>Tommy's Honour</i> (PL)</p> <p>6:15PM Saturday Evening Musical featuring: <i>Sophisticated Lady</i> (PL)</p>

Please note that life enrichment programs and program content are subject to change.

If you have any questions, please contact the Life Enrichment Staff: Kate, Feradeh, Denise, or Sara at 240-499-9059, 240-499-9267 or 240-499-9067