

Ingleside at King Farm Partners with Link Generations for Summer Storytelling Series

ROCKVILLE, Md. – <u>Ingleside at King Farm</u> (IKF), an engaged senior living community will be partnering with the nonprofit, <u>Link Generations</u> for a summer storytelling series for high school students and older adults. A CARF-accredited continuing care retirement community located in Rockville, Maryland, Ingleside at King Farm is one of the three not-for-profit communities operated by <u>Ingleside</u>.

Link Generations' mission is to connect youth and older adults through educational programs and resources focused on emotional, psychological and social health. The summer storytelling series is an intergenerational activity that is centered around the sharing of life stories of participants of all ages.

"We are excited about this unique program," said Christine L. Podles, MA, LNHA, CASP, Ingleside at King Farm executive director. "The summer storytelling series not only brings a new activity to King Farm but also works towards a commitment to engaged living between our youth and seniors through the sharing of personal life experiences through a creative outlet."

The overall program objective for older adults is to develop connections with youth that present beneficial effects during intergenerational activities. High school students are expected to gain a deeper knowledge of the multifaceted changes that occur with aging and to be able to discern the best practices for working with seniors.

"Partnership makes the program," said Lori Marks, founder of Link Generations. "Working with organizations like Ingleside at King Farm that is committed to the Link Generations mission to educate youth about aging is crucial. These are the people that help continue to bridge the gap between generations."

The summer storytelling series will be held June 20 – August 24, 2017 at Ingleside at King Farm. High school students interested in volunteering can find more information here. All students will receive student service learning hours for participation in the program.

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About Ingleside at King Farm

Ingleside at King Farm is a senior living community located in Rockville, Md. and is a member of the Ingleside family of communities. The not-for-profit continuing care retirement community provides residents independent living, assisted living, skilled nursing, memory care and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access a broad range of services and amenities. Ingleside at King Farm offers a signature cultural arts program. Ingleside at King Farm is fully accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), the independent organization that evaluates CCRCs on 1,700 different criteria, from health care to food service to finances. For more information, visit www.inglesideatkingfarm.org. Follow Ingleside at King Farm on Facebook here.